



## **CURRICULUM VITAE**

### **Chrysoula Koutsiouki**

(Date of Birth: 29/08/1978, Marital Status: Married)

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## **PROFESSIONAL EXPERIENCE**

<b>01/04/21 – 31/10/2021</b>	<b>Locum Consultant General, Medical Retina, Uveitis and Cataract St George Hospital MOORFIELDS Eye Hospital London UK</b>
<b>01/04/19 - 31/03/21</b>	<b>Locum Consultant Medical Retina, Uveitis and Cataract Croydon/ St George Hospital MOORFIELDS Eye Hospital London UK</b>
<b>01/07/17 - 31/03/19</b>	<b>Cataract Fellow MOORFIELDS Eye Hospital London UK Medical Retina and Cataract Fellow MOORFIELDS Eye Hospital London UK</b>
<b>01/06/16 - 31/05/17</b>	<b>Medical Retina Locum Consultant Central Middlesex Hospital London UK</b>
<b>01/12/16 - 31/05/17</b>	<b>Medical Retina Locum Consultant Central Middlesex Hospital London UK</b>
<b>01/05/14 – 31/05/16</b>	<b>Medical Retina Fellow MOORFIELDS Eye Hospital London UK</b>
<b>Jan 2014</b>	<b>Specialist Degree in Ophthalmology (EU) – FRCOphth Equivalent (CCT)</b>
<b>Dec 2013</b>	<b>Ophthalmology exams Part 1 written Ophthalmology exams Part 2 verbal</b>
<b>01/10/13 - 16/04/14</b>	<b>ST7 Grade Medical Retina Ophthalmology</b>

Gennimatas General Hospital Athens Department of State Eye,  
Ophthalmology Clinic  
Director: Dr. D. Miltsakakis

**Apr 2012 - Oct 2013**

**Trainee in Ophthalmology Training**

Gennimatas Hospital, Athens, Greece. Department of State Eye  
Ophthalmology Clinic  
Director: Dr A. Kouris

**Oct 2011 - Apr 2012**

**Fellow in Medical Retina**

Macula Center Private Practice,  
Prof. Dr. D.Panagiotidis MD,PhD

**Apr 2008 - Jul 2011**

**Trainee in Ophthalmology Training**

251 Air force General Hospital, Department of Ophthalmology Clinic  
Director: Dr D. Lazarou

(Mar 2010 -Apr 2010)

3 weeks Phacoemulsification training course, performing 36 surgeries out  
of which 30 PHACO and 6 ECCE.

Prof. Amar Agarwal - Chennai Eye Clinic, India.

**Apr 2006 - Apr 2008**

**Medicine Senior House Officer Equivalent in Internal**

Beauty Center Silhouette Glyfada

**Jan 2005 - Feb 2006**

**Senior House Officer Equivalent in Internal, Medicine** General

Hospital, Tripoli Greece,

Department of Internal Medicine

Supervising Faculty member: Dr. V. Vassiliou

**Oct 2004 - Jan 2005**

**Senior House Officer Equivalent in Cardiology,**

General Hospital, Tripoli Greece

Department of Cardiology

Director: Dr. D. Kotsanis

**Sep 2004**

**Observer**

Attikon University Hospital, Athens Greece in Internal Medicine

2<sup>nd</sup> Department of Internal Medicine, Propaedeutic

Director: Prof T. Economopoulos

## **ACADEMIC STUDIES**

**Jul 2004** D.I.K.A.T.S.A as Diploma Equivalence and Correspondence to Greek School of Medicine University Athens, Greece

**Sep 1996 – Sep 2002** School of Medicine, "CAROL DAVILA" University of Bucharest, Romania

### **SURGICAL EXPERIENCE:**

1. Performed 1556 Cataract surgeries in total with PCR 0.7 %
2. Cataract surgical time 10-15 min per case
3. Operate on high volume list ( 9 Cases per session )
4. Participate Cataract Drive Week South Moorfields with 9 cases per session / Covering 2/6 full days
5. Proficient on operating on Complicated cataract surgery / Anterior Vitrectomies
6. Great experience on operating in:  
Complex MR cases, Uveitic cases/ Small pupils/ Hypermature cataract/ Hypermetropic/ Extreme Myopic eyes / Phacodonesis / previous PPV / Congenital Cataracts
7. Broad experience in all retinal lasers (PRP / Macular lasers/Grid laser) and Yag laser treatments
8. Great Experience steroid implants/anti-VEGF injections

### **LEADERSHIP AND MANAGEMENT**

1. Uveitis Consultant Lead CUH (01.09.2019 – 31/03/21).
2. ISC Leadership and Management Course Completed (01/2021).
3. Service Improvement Project: Set up New HIV/CMV screening/virtual Service for St George Hospital.
4. Implementing the Uveitis cataract protocol for UVEITIS service at Moorfields Eye Hospital.
5. Service Improvement project: Uveitis Service Redesign Clinics according to patient risk stratification for Croydon University Hospital.
6. Service Improvement project: New Uveitis clinic to review all new high-risk patients that require 1-week review.
7. Organise and lead the weekly Uveitis teaching for CUH.
8. Implement Uveitis Protocol for A&E Croydon University Hospital (AAU/ IIU/ Panuveitis / Posterior Segment Uveitis – Treatment /investigation recommendation).

9. Cataract Service Croydon University Hospital - Train the COS and sign off for monitoring of the postoperative course of patient with recent cataract surgery
10. Cataract Service St George Hospital – Training, teaching, Supervision and sign off Optician and Nurses to perform Yag Laser Capsulotomy
11. Quality Improvement Project - Stratification of cataract surgery according to surgeon level skills and difficulty of patients for Croydon University Hospital
12. Service Development Project for implementing Cataract Virtual Clinic Set up New clinics – Actively involved
13. PROMs Quality Improvement Project 2017/2018/2019.
14. Organise the rota and venue for the Uveitis weekly Teaching during my Fellowship in MR.

### **TEACHING EXPERIENCE**

1. Leading and organising the weekly Remote Uveitis teaching for Croydon University Hospital until 31/03/21.
2. Lecturer for Higher Qualification for MR2 module – Introduction in Uveitis.
3. Teaching Optoms/fellows/trainees/nurses join my clinics /theatre list.

### **RESEARCH PROJECTS**

A Randomized, double-masked, placebo-controlled.

Study of the efficacy of Gevolizumab in the treatment of patients with Bechet's

Disease Uveitis.

Phase 3

Investigator Ophthalmologist: N. Markomichelakis

Research Fellow: Ch. Koutsiouki

### **PUBLICATION**

### **1. Baseline prognostic factors in patients with Birdshot Retinochoroiditis**

Koutsiouki C. Joshua L, Testi I, Robson A, G. Rees A, Pavesio C, Westcott M. – **BJO** under print

### **2. Long-Term Results of Combination treatment with Single -Dose Ranimizumab plus Photodynamic Therapy for Retinal Angiomatous Proliferation**

Panagiotis Malamos<sup>1</sup>, Ioannis Tservakis<sup>2</sup>, Menelaos Kanakis<sup>3</sup>, Chrysoula Koutsiouki<sup>4</sup>, Evita Kiskira<sup>2</sup>, Georgios Mylonas<sup>5</sup>, John Lakoumentas<sup>6</sup>, Ilias Georgalas<sup>7</sup> **Ophthalmologica** **2018**;240(4):213-221. doi: 10.1159/000487610. Epub 2018 May 16.

### **3. Predictors of Outcome in Patients with Neovascular Age-Related Macular Degeneration Switched from Ranibizumab to 8-Weekly Aflibercept.**

Chatziralli I, Nicholson L, Vrizedou E, Koutsiouki C. Menon D, Sergentanis TN, Citu MC, Hamilton R, Patel PJ, Hykin P, Sivaprasad S. **Ophthalmology**. **2016** Aug;123(8):1762-1770. doi: 10.1016/j.optha.2016.05.002. Epub 2016 Jun 9. PMID: 27289179

## **BOOKS**

### **1. MOORFIELDS Eye Manual - Translation from English to Greek**

Co-Author of Chapter – Retinal Occlusion

Series Editor: Timothy L. Jackson

University Studio Press

First Edition, 2019

### **2. Secrets in Ophthalmology in Color 4th Edition Chapter Chapter 40. Toxic Retinopathies**

Co-Authors: Chrysoula Koutsiouki, Sobha Sivaprasad and Philip G. Hykin

### **3. Participate in Education and Training of Royal College of Ophthalmology – Ophthalmopedia:**

Author of Chapter -Toxic Retinopathies – **Koutsiouki Chrysoula**, Prof Sobha Sivaprasad, Phil Hykin 2015-2016 - Trainees/Consultants

### **4. Wills Eye Institute - Colour Atlas and Synopsis of Clinical Ophthalmology Retina – Translation from English to Greek**

Series Editor: Christopher J. Rapuano, MD

**Ch. Koutsiouki**, A. Kontaxakis

**Second Edition, 2012**

Konstantaras Publications

**5. Wills Eye Institute - Color Atlas and Synopsis of Clinical Ophthalmology Cornea – Translation from English to Greek**

Series Editor: Christopher J. Rapuano, MD

**Ch. Koutsiouki, A. Kontaxakis**

Second Edition, 2012

Konstantaras Publications

**Presentations European and Internationals Meetings**

**Correlation of spectral domain optical coherence tomography (SD-OCT) and optical coherence tomography angiography (OCTA ) features in Retinal Angiomatous Proliferation ( RAP ) stage 1 and stage 2**

C.Koutsiouki, Sobha Sivaprasad.

17<sup>th</sup> Euretina 2017, Sep 2017, Paris France.

**Comparison of treat and extend versus pro-re-nata regimen of anti-VEGF monotherapy in the treatment of RAP (Retinal Angiomatous Proliferation) stage 1 and stage 2.**

C.Koutsiouki, Sobha Sivaprasad.

16<sup>th</sup> Euretina 2016, Sep 07-10 2016, Copenhagen Denmark.

**The efficacy of the anti-VEGF as monotherapy in the treatment of RAP (Retinal Angiomatous Proliferation) stage 1 and stage 2 with the visual and functional outcomes caring the best prognosis.**

C.Koutsiouki, Sobha Sivaprasad.

15<sup>th</sup> Euretina 2015, Sep 17-20 Nice, France.

**Retinal Pigment Epithelium Tear.**

Koutsiouki C.

47<sup>th</sup> Panhellenic Ophthalmological Congress, Mai 26-29 2016, Thessaloniki

**Tacrolimus In The Treatment Of Birdshot Retinochoroiditis: Safety Profile and Efficacy.**

Koutsiouki C, Robson A.G, Rees A, Holder G , Pavesio C , Westcott M.

ARVO 2015 Annual Meeting, Mai 01-07, Seattle USA.

**Baseline prognostic factors in patients with Birdshot Retinochoriopathy (BRC).**

Koutsiouki C., Robson A.G, Rees A , Holder G , Pavesio C , Westcott M.

ARVO 2015 Annual Meeting, Mai 01-07 2016, Seattle USA.

**Multimodal imaging characteristics of Idiopathic juxtafoveolar retinal telangiectasis type 2 (Mac Tel 2).**

C. Koutsiouki, Sobha Sivaprasad.

11<sup>th</sup> Pan-Hellenic Vitreo-Retinal Meeting, January 14-16 2016, Hilton Athens Hotel.

**Multimodal Imaging contributes diagnosis, monitoring, treatment and prognosis of VKH**

C. Koutsiouki, Mark Westcott.

3<sup>rd</sup> International "En Face "OCT and OCT Angiography, December 11-12 2015 Rome, Italy.

**An unusual cause of choroidal neovascularization NOT secondary to age related degenerationn.**

C. Koutsiouki, Sobha Sivaprasad.

14<sup>th</sup> Aegean Retina, July 06-07 2016, Mykonos Greece.

**Diagnosis based on multimodal imaging in 25-year-old girl with normal appearance of the fundus and acute paracentral scotoma.**

C. Koutsiouki, I.Triantafyllopoulou , Niaz Islam.

14<sup>th</sup> Aegean Retina, July 06-07 2016, Mykonos Greece.

**The efficacy of the Aflibercept IVI in the Retinal Angiomatous Proliferation (RAP) and the favorable prognosis of the early treatment with Aflibercept in the RAP (stage 1 and 2)**

C. Koutsiouki, Sobha Sivaprasad.

10<sup>th</sup> Pan-Hellenic Vitreo-Retinal Meeting, January 15-17 2015, Hilton Athens Hotel.

**RAP Case report-A challenging Diagnosis.**

**Annual Meeting SOE young ophthalmologist –Awarded with the 2nd award**

C. Koutsiouki , St. Maselos.

46<sup>th</sup> Pan-Hellenic Ophthalmological Congress, May 23-26 2013, Costa Navarino Messinia , Greece.

**Topical use of Azithromycin combined with oral Doxycycline in the treatment of meibomian gland dysfunction.**

C. Koutsiouki , St. Maselos, P. Malamos, N. Markomichelakis.

46<sup>th</sup> Pan-Hellenic Ophthalmological Congress, May 23-26 2013, Costa Navarino Messinia , Greece.

**LANGUAGES**

Greek (native)

English (fluent)

German (basic)

Romanian (fluent)

### **COMPUTER SKILLS**

Microsoft Office

### **OTHER INTERESTS**

Jogging, Gymnastics, Reading Medicine Books and Articles, Cinema, Travel.