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Dr. Vassilis Kokotas, BSc, DOptom, DHP

Personal

Date of birth: June 26, 1973.

Marital status: Married with two children.

Education

Doctor of Optometry / Aston University at Birmingham, UK (2009 – 2016)

Thesis : The effects of yoked prisms on body posture and egocentric perception in a normal population

Diploma (BSc. equivalent) in Optics & Optometry / Istituto Regionale di Studi di Ottica e Optometria, Vinci, Italy (1991 – 1995)

Thesis: Old and new theories on the function of the accommodative mechanism

Graduation: 82/110

Membership

- Clinical Associate – Optometric Extension Program Foundation, U.S.A.
- Clinical Associate – College of Optometrist in Vision Development, U.S.A.
- Clinical Associate – Neuro Optometric Rehabilitation Association, U.S.A.
- Founding member/ Past President – Hellenic Academy of Optometry, Greece
- Member – Panhellenic Association of Optics & Optometry, Greece

Awards

- Contemporary Who's Who Health Care Professionals of the year (2004).
- Kraskin Award – Washington D.C. (2002).

Professional Experience

- Optometria.gr - Self-employed (11/2016 – still active)
Optometry and Vision Therapy services / Continuing Education services
- OMMA Ophthalmic Clinic (10/2016 – Still active)
Clinical Consultant in Orthoptics Department
- SAERA – University Isabel I (4/2018 – Still active)
Invitational Lecturer & Supervisor (Postgraduate course Clinical Optometry / Postgraduate course Neurosciences)
- S.A. VAIRAMOGLIOU S.A. (1/2004 – 11/2016).
Professional Vision Consultant
Head of Optometry, Rehabilitation & Low Vision Department.
Lecturer & Trainer for Varilux University in Greece
- New York College – Athens (4/2012 – 12/2014)
Supervising & Visiting Professor (MPhil program in Special Education – Bolton University)
- Special Olympics Athens 2011
Volunteer Optometrist at Opening Eyes Program
- Numerous rehabilitation centers for children with neuro – motor dysfunctions in Greece and Cyprus (10/2002 – still active)
Rehabilitation & therapy Consultant.
- Institute for Optometric Research & Application (9/2002 – 2006).
Co-Founder & Co-Director.
- OPHTHALMOPTIKI Co. (12/2000 – 12/2003)
Chief Optometrist & Low Vision Practitioner.
Professional Vision Consultant.

- ZAMANOS OPTICS (9/2000 – 12/2000)
Optometrist & Contact Lens Practitioner.
- KARAKASSIS OPTICS (7/1997 – 9/2000)
Optometrist & Contact Lens Practitioner.
- Military service (1/1996 – 7/1997)
- KARAKASSIS OPTICS (7/1992 – 1/1996)
Optician & Contact Lens practitioner.

Continuing Education

- Postgraduate Clinical Curriculum / Optometric Extension Program Foundation (OEPF) & Southern College of Optometry (SCO) (2011 – 2019)
[133 hours – Art & Science of Behavioral Vision Care / VT1 – Visual Dysfunctions
VT2 – Learning Related Visual Problems / VT3 – Strabismus & Amblyopia / VT4
Advanced Seminar on Visual Performance]
- Neuro Change Practitioner (2022)
- Certified HeartMath Practitioner (2020)
- International Diploma in Clinical Hypnosis & Hypnotherapy / Essex Institute
of Clinical Hypnosis (2018)
- Basic Practitioner Certificate in Neurolinguistic Programming (NLP) – Soleas
Training Solutions (2018)
- Certificate CranioSacral Therapy 1 & 2 / Upledger Institute International (2017 -
2018)
- Basic Life Support for Health Care Providers (BLS) / American Heart Associatic
(2012, 2017, 2021)
- Certificate in the Theory and Principles of Indirect Hypnosis, Ericksonian
Hypnotherapy and NLP / British Hypnosis Research (2010 – 2011)
- Zelinsky's Monthly Study Group (Tele-Conference), U.S.A. (2002 – still active)
- Curriculum II – Optometric Extension Program Foundation, U.S.A. (1997 – still
active)

Lectures & Seminars

- College of Optometrist in Vision Development – Member of Subcommittee
Speeches and Presentations Archive Maintenance. (3/2004 – 12/2012).
- «Introduction to Behavioral – Developmental Vision Care and Vision Therapy» ·
(6-days seminar)
- «Vision & Cerebral Palsy» - (2-days seminar 2014 – still active)
- «Vision & Autism» - (2-days seminar 2012 – still active)
- «Vision & Learning» - (2-days seminar 2008 – still active)
- «Low vision - clinical approach» - (seminar 2000 – still active).
- «Sports Vision – Clinical applications for athletes» - (seminar 2005 – still active).
- Hundreds of hours presenting on lens prescribing, visual perception, binocular
vision, low vision, learning related vision problems, autism and special
population, CVI, ABI/TBI, vision therapy and rehabilitation during: European
Kraskin Invitational Skeffington Symposium, Panhellenic Congress for Optics &
Optometry, Annual Congress for Refractive Surgery & Intraocular Implants,
Symposium in Ophthalmology, numerous seminars for rehabilitation therapists.
(Complete list of topics available on request)

Articles/ Publications

- Member of Peer Review Board – Optometry & Visual Performance (2012 – still
active)
- Editor of OphthoWeb newsletter (2007 – 2016)
- Author of the book «The art and science of retinoscopy – From refraction to

neurosciences» (in Greek language) (2008).

- Translation in Greek “Yannof’s Ophthalmology” (chapter on “Optics & Refraction”)
- Channel 1 90,6 FM: Interview in «All about health» radio show (2006).
- Panhellenic Association of Opticians & Optometrists Annual Press Conference – «Visual demands in the workplace & presbyopia» (2003).
- Panhellenic Association of Opticians & Optometrist Annual Press Conference – «Ultraviolet radiation: Friend or enemy?» (2003).
- E - Medicine / Vol. 74: «Sunglasses. Look out!» (2003).
- Optic News/ Vol. 71: «Risks of using sunglasses of unknown origin» (2003).
- ECOVIS Newsletter: «Ancient Greek philosophy: The grandfather of the behavioral approach» (2002).
- Woman Magazine: «14 advises for your children’s vision» (2002).
- Optic News/ Vol. 31: Interview. (2001).

Languages

- English (Very well – First Certificate in English / IELTS 2009).
- Italian (Very well – Superiore).

Hobbies

- Radio Producer and DJ .
- Aikido & Iaido